

Charítina of Amisos

Sunday, October 5, 2025

17th Sunday after Pentecost

Tone 8

[Commemoration – Innocent of Alaska – Oct 6]

MATINS – HYBRID

The Trisagion Prayers

PEOPLE: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Your name's sake.

Lord, have mercy. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For Thine is the kingdom and the power and the glory: of the Father and of the Son and of the Holy Spirit, now and ever, and unto ages of ages. Amen.

Troparion and Kontakion of the Cross and Theotokion

LEADER: O Lord, save Your people, and bless Your inheritance, granting to Your people victory over all adversaries, and by Your Cross preserving Your habitation.

Glory to the Father and to the Son and to the Holy Spirit:

O Lord, Who of Your own good will were lifted up on the Cross, O Christ our God, bestow Your generous gifts on the new nation which is called by Your name; make glad in Your might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Your aid a weapon of peace and a trophy invincible.

Now and ever, and unto ages of ages. Amen.

O fearsome Champion, who cannot be put to confusion, despise not our petitions, O good and all-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us all to that victory which is from heaven, for you are she who gave birth to God and alone are blessed.

Twelve-Fold Lord Have Mercy

LEADER: Lord, have mercy. (12x)

Through the prayer of our holy fathers, O Lord Jesus Christ, have mercy on us and save us. Amen.

Glory to God in the highest, and on earth peace, good will among men. (3x)

O Lord, open my lips, and my mouth shall declare Your praise. (2x)

The Six Psalms

Psalm 3

Lord, how they have increased who trouble me! Many are they who rise up against me. Many are they who say of me, "There is no help for him in God." But You, O Lord, are a shield for me, my glory and the One Who lifts up my head. I cried to the Lord with my voice, and He heard me from His holy hill. I lay down and slept; I awoke, for the Lord sustained me. I will not be afraid of ten thousands of people who have set themselves against me all around. Arise, O Lord; save me, O my God! For You have struck all my enemies on the cheekbone; You have broken the teeth of the ungodly. Salvation belongs to the Lord. Your blessing is upon Your people.

I lay down and slept; I awoke, for the Lord sustained me.

Psalm 38 (LXX 37)

O Lord, do not rebuke me in Your wrath, nor chasten me in Your hot displeasure! For Your arrows pierce me deeply, and Your hand presses me down. There is no soundness in my flesh because of Your anger, nor any health in my bones because of my sin. For my iniquities have gone over my head; like a heavy burden they are too heavy for me. My wounds are foul and festering because of my foolishness. I am troubled, I am bowed down greatly; I go mourning all the day long. For my loins are full of inflammation, and there is no soundness in my flesh. I am feeble and severely broken; I groan because of the turmoil of my heart. Lord, all my desire is before You; and my sighing is not hidden from You. My heart pants, my strength fails me; as for the light of my eyes, it also has gone from me. My loved ones and my friends stand aloof from my plague, and my relatives stand afar off. Those also who seek my life lay snares for me; those who seek my hurt speak of destruction, and plan deception all the day long. But I, like a deaf man, do not hear; and I am like a mute who does not open his mouth. Thus I am like a man who does not hear, and in whose mouth is no response. For in You, O Lord, I hope; You will hear, O Lord my God. For I said, "Hear me, lest they rejoice over me, lest, when my foot slips, they exalt themselves against me." For I am ready to fall, and my sorrow is continually before me. For I will declare my iniquity; I will be in anguish over my sin. But my enemies are vigorous, and they are strong; and those who hate me wrongfully have multiplied. Those also who render evil for good, they are my adversaries, because I follow what is good. Do not forsake me, O Lord; O my God, be not far from me! Make haste to help me, O Lord, my salvation!

Do not forsake me, O Lord; O my God, be not far from me! Make haste to help me, O Lord, my salvation!

Psalm 63 (LXX 62)

O God, You are my God; early will I seek You; my soul thirsts for You; my flesh longs for You in a dry and thirsty land where there is no water. So I have looked for You in the sanctuary, to see Your power and Your glory. Because Your loving-kindness is better than life, my lips shall praise You. Thus I will bless You while I live; I will lift up my hands in Your name. My soul shall be satisfied as with marrow and fatness, and my mouth shall praise You with joyful lips. When I remember You on my bed, I meditate on You in the night watches. Because You have been my help, therefore in the shadow of Your wings I will rejoice. My soul follows close behind You; Your right hand upholds me. But those who seek my life, to destroy it, shall go into the lower parts of the earth. They shall fall by the sword; they shall be a portion for jackals. But the king shall rejoice in God; everyone who swears by Him shall glory; but the mouth of those who speak lies shall be stopped. I meditate on You in the night watches. Because You have been my help, therefore in the shadow of Your wings I will rejoice.

My soul follows close behind You; Your right hand upholds me.

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to You, O God. (3x)

Lord, have mercy. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Psalm 88 (LXX 87)

O Lord, God of my salvation, I have cried out day and night before You. Let my prayer come before You; incline Your ear to my cry. For my soul is full of troubles, and my life draws near to the grave. I am counted with those who go down to the pit; I am like a man who has no strength, adrift among the dead, like the slain who lie in the grave, whom You remember no more, and who are cut off from Your hand. You have laid me in the lowest pit, in darkness, in the depths. Your wrath lies heavy upon me, and You have afflicted me with all your waves. You have put away my acquaintances far from me; You have made me an abomination to them; I am shut up, and I cannot get out; my eye wastes away because of affliction. Lord, I have called daily upon You; I have stretched out my hands to You. Will You work wonders for the dead? Shall the dead arise and praise You? Shall Your loving-kindness be declared in the grave? Or Your faithfulness in the place of destruction? Shall Your wonders be known in the dark? And Your righteousness in the land of forgetfulness? But to You I have cried out, O Lord, and in the morning my prayer comes before You. Lord, why do You cast off my soul? Why do You hide Your face from me? I have been afflicted and ready to die from my youth; I suffer Your terrors; I am distraught. Your fierce wrath has gone over me; Your terrors have cut me off. They came around me all day long like water; they

engulfed me altogether. Loved one and friend You have put far from me, and my acquaintances into darkness.

O Lord, God of my salvation, I have cried out day and night before You. Let my prayer come before You; incline Your ear to my cry.

Psalms 103 (LXX 102)

Bless the Lord, O my soul; and all that is within me, bless His holy name! Bless the Lord, O my soul, and forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases, Who redeems your life from destruction, Who crowns you with loving-kindness and tender mercies, Who satisfies your mouth with good things, so that your youth is renewed like the eagle's. The Lord executes righteousness and justice for all who are oppressed. He made known His ways to Moses, His acts to the children of Israel. The Lord is merciful and gracious, slow to anger, and abounding in mercy. He will not always strive with us, nor will He keep His anger forever. He has not dealt with us according to our sins, nor punished us according to our iniquities. For as the heavens are high above the earth, so great is His mercy toward those who fear Him; as far as the east is from the west, so far has He removed our transgressions from us. As a father pities his children, so the Lord pities those who fear Him. For He knows our frame; He remembers that we are but dust. As for man, his days are like grass; as a flower of the field, so he flourishes. For the wind passes over it, and it is gone, and its place remembers it no more. But the mercy of the Lord is from everlasting to everlasting on those who fear Him, and His righteousness to children's children, to such as keep His covenant, and to those who remember His commandments to do them. The Lord has established His throne in heaven, and His kingdom rules over all. Bless the Lord, You His angels, who excel in strength, who do His word, heeding the voice of His word. Bless the Lord, all you His hosts, you ministers of His, who do His pleasure. Bless the Lord, all His works, in all places of His dominion. Bless the Lord, O my soul!

In all places of His dominion, bless the Lord, O my soul!

Psalms 143 (LXX 142)

Hear my prayer, O Lord, give ear to my supplications! In Your faithfulness answer me, and in Your righteousness. Do not enter into judgment with Your servant, for in Your sight no one living is righteous. For the enemy has persecuted my soul; He has crushed my life to the ground; He has made me dwell in darkness, like those who have long been dead. Therefore my spirit is overwhelmed within me; my heart within me is distressed. I remember the days of old; I meditate on all Your works; I muse on the work of Your hands. I spread out my hands to You; my soul longs for You like a thirsty land. Answer me speedily, O Lord; my spirit fails! Do not hide Your face from me, lest I be like those who go down into the pit. Cause me to hear Your loving-kindness in the morning, for in You do I trust; cause me to know the way in which I should walk, for I lift up my soul to you. Deliver me, O Lord, from my enemies; in You I take shelter. Teach me to do Your will, for You are my God; Your Spirit is good. Lead me in the land of uprightness. Revive me, O Lord, for Your name's sake! For Your righteousness' sake bring my soul out of

trouble. In Your mercy cut off my enemies, and destroy all those who afflict my soul; for I am Your servant.

O Lord, give ear to my supplications and do not enter into judgment with Your servant. (2x)

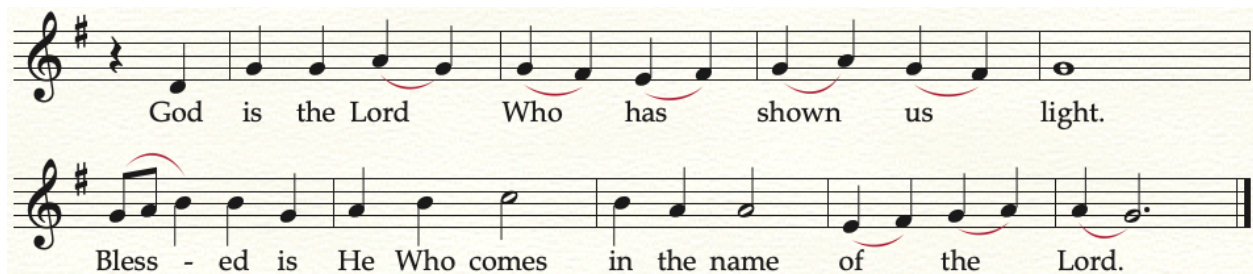
Your Spirit is good. Lead me in the land of uprightness.

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to You, O God. (3x)

O our God and our Hope, glory to You.

“God is the Lord...” - Psalm 118 (LXX 117) Tone 8 (Byzantine)



Verse: O give thanks unto the Lord and call upon His holy name.

Verse: All nations surrounded me; but in the name of the Lord will I destroy them.

Verse: The stone which the builders refused has become the head cornerstone. This is the Lord's doing; it is marvelous in our eyes.

Troparion Innocent: Tone 2 (Alaskan-Kievan)

You evangelized the Northern peoples of Asia and America, / proclaiming the Gospel to the Natives in their own tongues. / O holy Hierarch Innocent, / Enlightener of Alaska and Apostle to America, / whose steps were ordered by the Lord. / In His heavenly Kingdom, / pray to Christ God for the salvation of our souls.

Second Kathisma Hymn

Tone 8

Your sepulcher was sealed by men, O Savior, but an angel rolled the stone away from Your tomb. The women were witnesses of Your Resurrection and brought the good news to Your disciples on Zion: "Behold, the Life of all has risen, and broke apart the chains of Death!" Glory to You, O Lord!

Glory to the Father and to the Son and to the Holy Spirit:

When the women brought the burial spices to Your tomb, they heard an angel's

voice. It said: "Stop your tears! Take joy now in place of sorrow, and shout aloud that Christ is risen. Being God, He has willed to save the whole human race!"

Now and ever and unto ages of ages. Amen.

In a temple built with his own hands, Innocent gathered a simple flock, that by hearing the preaching of Christ, the Son of God, and about His loving Father Who sent Him into the world to deliver us from the bonds of hell and sanctify us by water and the Spirit, they might become a living temple of God the Word, in their own tongue lifting their hearts to Him!

Resurrectional Evlogetaria - Tone 5 (Znamenny)

Blessed are You, O Lord. Teach me Your statutes.

The company of the angels was amazed, when they beheld You numbered among the dead; yet You, O Savior, were destroying the power of death and with Yourself raising up Adam and releasing all men from hell.

Blessed are You, O Lord. Teach me Your statutes.

Why, O women disciples, do you mingle sweet-smelling spices with your tears of pity? The radiant angel within the sepulcher cried to the myrrh-bearing women: "Behold the grave, and understand; for the Savior is risen from the tomb."

Blessed are You, O Lord. Teach me Your statutes.

Very early in the morning the myrrh-bearing women ran lamenting to Your tomb; but an angel came toward them, saying: "The time for lamentation is passed. Do not weep, but announce to the apostles the Resurrection."

Blessed are You, O Lord. Teach me Your statutes.

The myrrh-bearing women mourned as they carried ointments and drew near Your tomb, O Savior. But the angel spoke to them, saying: "Why do you number the living among the dead? Since He is God, He is risen from the grave."

Glory to the Father and to the Son and to the Holy Spirit:

We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one essence; crying with the seraphim: "Holy, holy, holy are You, O Lord."

Now and ever, and unto ages of ages. Amen.

Since you bore the Giver of life, O Virgin, you redeemed Adam from sin, and gave to Eve joy in place of sadness; and He Who was incarnate of you, Who is both God and man, has restored to life those who had fallen from it.

Alleluia, alleluia, alleluia. Glory to You, O God. (3x)

O our God and our hope, glory to You.

Hypakoe

Tone 8

The myrrhbearing women stood at the tomb of the Lifegiver, and sought the Immortal Master among the dead. They received the glad tidings of joy from

the angel and told the Apostles that Christ the Lord has risen, granting the world great mercy.

Anavathmoi

Antiphon 2

Let my heart not be exalted, but take shelter in You, lest being haughtily raised, I fall away from You, O God of great compassion.

He who hopes in the Lord shall not fear the judgments of God, when He comes with fire and punishment to judge all things.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All the holy ones who give prophecy and work wonders do so in the Holy Spirit as they sing to the One God in Three Persons; for though God shines with a threefold Light, He rules as One.

Matins Prokeimenon: Tone 8 - Psalm 146

The Lord will reign forever; Your God, O Zion from generation to generation.

Verse: Praise the Lord, O my soul! I will praise the Lord all my life.

“Let every breath...”

Matins Gospel Reading: Eothinon 6 – Luke 24:36-53

Now as they said these things, Jesus Himself stood in the midst of them, and said to them, “Peace to you.” But they were terrified and frightened, and supposed they had seen a spirit. And He said to them, “Why are you troubled? And why do doubts arise in your hearts? Behold My hands and My feet, that it is I Myself. Handle Me and see, for a spirit does not have flesh and bones as you see I have.” When He had said this, He showed them His hands and His feet. But while they still did not believe for joy, and marveled, He said to them, “Have you any food here?” So they gave Him a piece of a broiled fish and some honeycomb. And He took it and ate in their presence. Then He said to them, “These are the words which I spoke to you while I was still with you, that all things must be fulfilled which were written in the Law of Moses and the Prophets and the Psalms concerning Me.” And He opened their understanding, that they might comprehend the Scriptures. Then He said to them, “Thus it is written, and thus it was necessary for the Christ to suffer and to rise from the dead the third day, and that repentance and remission of sins should be preached in His name to all nations, beginning at Jerusalem. And you are witnesses of these things. Behold, I send the Promise of My Father upon you; but tarry in the city of Jerusalem until you are endued with power from on high.” And He led them out as far as Bethany, and He lifted up His hands and blessed them. Now it came to pass, while He blessed them, that He was parted from them and carried up into heaven. And they worshiped Him, and returned to

Jerusalem with great joy, and were continually in the temple praising and blessing God. Amen.

“Having Beheld...”

Having beheld the Resurrection of Christ let us worship the holy Lord Jesus, the only sinless One. We venerate Your Cross, O Christ, and we praise and glorify Your holy Resurrection for You are our God, and we know no other than You. We call on Your name. Come all you faithful, let us venerate Christ’s holy Resurrection. For behold through the Cross, joy has come into all the world. Let us ever bless the Lord, praising His Resurrection; for by enduring the Cross for us He has destroyed death by death.

Psalm 51 (LXX 50)

Have mercy upon me, O God, according to Your loving-kindness; according to the multitude of Your tender mercies, blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin. For I acknowledge my transgressions, and my sin is always before me. Against You, You only, have I sinned, and done this evil in Your sight — that You may be found just when You speak, and blameless when You judge. Behold, I was brought forth in iniquity, and in sins my mother conceived me. Behold, You desire truth in the inward parts, and in the hidden part You will make me to know wisdom. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. Make me hear joy and gladness, that the bones You have broken may rejoice. Hide Your face from my sins, and blot out all my iniquities. Create in me a clean heart, O God, and renew a steadfast spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me by Your generous Spirit. Then I will teach transgressors Your ways, and sinners shall be converted to You. Deliver me from the guilt of bloodshed, O God, the God of my salvation, and my tongue shall sing aloud of Your righteousness. O Lord, open my lips, and my mouth shall show forth Your praise. For You do not desire sacrifice, or else I would give it; You do not delight in burnt offering. The sacrifices of God are a broken spirit, a broken and a contrite heart — these, O God, You will not despise. Do good in Your good pleasure to Zion; build the walls of Jerusalem. Then You shall be pleased with the sacrifices of righteousness, with burnt offering and whole burnt offering; then they shall offer bulls on Your altar.

Glory to the Father and to the Son and to the Holy Spirit:

Through the intercession of the apostles, O merciful One, blot out the multitude of my offenses.

Now and ever and unto ages of ages. Amen.

Through the intercession of the Theotokos, O merciful One, blot out the multitude of my offenses.

Have mercy on me, O God, according to Your loving-kindness; according to the multitude of Your tender mercies blot out my transgression.

Jesus, having risen from the grave as He foretold, has given us eternal life and great mercy.

Kontakion Innocent: Tone 8 (Greek-Russian)

Your life is a true celebration of the providence and the grace of God, / O holy Father Innocent, / the Apostle to our own land. / For laboring in dangers and hardships for the Gospel of Christ, / you were often delivered and preserved from harm. / Being exalted in humility, you were raised up as an example to the faithful everywhere. / Pray that He may guide our steps in the way we should go.

Synaxarion of the Day

On October 6, in the Holy Orthodox Church we commemorate Innocent, Metropolitan of Moscow, Enlightener of the Aleuts and Apostle to America, named in the world: John Popov-Veniaminov.

John was born in 1797 in Irkutsk into the family of a sacristan. The boy mastered his studies at an early age and by age seven he was reading the Epistle in church. In 1806 they sent him to the Irkutsk seminary. The missionary service of the future Apostle of America and Siberia began in 1823. Father John spent 45 years laboring for the enlightenment of the peoples of Kamchatka, the Aleutian Islands, North America, Yakutsk, the Khabarov frontier, performing his apostolic calling in severe conditions and at great risks to life. Father John baptized ten thousand people, built churches, taught the fundamentals of the Christian life and translated the holy services into the native tongues of the various lands he served. In 1840, after the death of his wife, Father John was tonsured a monk with the name Innocent by St. Philaret, the Metropolitan of Moscow, in honor of St. Innocent of Irkutsk. Innocent was consecrated Bishop of Kamchatka, the Kurile and Aleutian Islands. In 1868, Innocent succeeded Metropolitan Philaret on the Moscow cathedra. He fell asleep in the Lord in 1879, on Holy Saturday, and on October 6, 1977, Archimandrite Innocent was glorified as a Saint by the Russian Orthodox Church.

On October 5, in the Holy Orthodox Church, we commemorate the Martyr Charitina of Amisos.

Verses

That for which she prayed, the loosing of the body,

*behold Charitina receives by praying.
On the fifth Charitina entered the city of God.*

Orphaned young, Charitina was adopted by an eminent Christian man called Claudius, who brought her up as his own daughter. Charitina studied the law of God day and night and vowed to live in perpetual virginity as a true bride of Christ. The governor Dometius wanted to kill Charitina because she led many to the Lord. A judge ordered that her hair be cut off and live coals put on her head, but the maiden was preserved by God's power. She was bound to a wheel which began to turn, but an angel of God stopped the wheel and Charitina remained unharmed. Then the wicked judge sent some depraved youths to take her virginity. Fearing this attack, Charitina knelt in prayer to God to receive her soul before that could happen. At that moment, her soul soared to the immortal Kingdom of Christ in the year 290.

On this day, we also commemorate Venerable John, bishop of Euchaïta; Venerable Eudokimos of Vatopedi monastery on Athos; and the uncovering of the relics of our fathers among the saints Peter, Alexis, Jonah, Philip and Hermogenes, metropolitans of Moscow. By their intercessions, O Christ God, have mercy upon us. Amen.

Canon – Akathist Theotokos: Tone 4

Katavsia Odes 1-8

Ode 1: I shall open my mouth and the Spirit will inspire it, and I shall utter the words of my song to the Queen and Mother: I shall be seen radiantly keeping feast and joyfully praising her wonders.

Ode 3: O Mother of God, living and plentiful fount, give strength to those united in spiritual fellowship, who sing hymns of praise to you; and in your divine glory grant to them crowns of glory.

Ode 4: He Who sits in glory upon the throne of the Godhead, Jesus the true God, has come in a swift cloud, and with His pure and mighty hand He has saved those who cry: Glory to Your power, O Lord.

Ode 5: The whole world was amazed at your divine glory, for you, O Virgin who have not known wedlock, have held in your womb the God of all, and have given birth to an eternal Son, Who rewards with salvation all who sing your praises.

Ode 6: As we, celebrate this sacred and solemn feast of the Mother of God, let us come, clapping our hands, O people of the Lord, and give glory to God Who was borne of her.

Ode 7: The holy Children bravely trampled upon the threatening fire, refusing to worship created things in place of the Creator, and they sang in joy: “Blessed are You and praised above all, O God of our Fathers.”

We praise, bless and worship the Lord, singing and exalting Him above all forever.

Ode 8: The Offspring of the Theotokos saved the holy Children in the furnace. He Who was then prefigured has since been born on earth, and He gathers together all creation to sing: “O all you works of the Lord, bless the Lord and exalt Him above all forever.”

Matins Canon – 9th Ode:

DEACON: *The Theotokos and Mother of the Light, let us honor and magnify in song.*

Magnification

“My soul magnifies the Lord and my spirit rejoices in God my Savior.

Refrain: More hon’rable than the cherubim and more glorious beyond compare than the seraphim, who without corruption gave birth to God the Word and are truly Theotokos, we magnify you.

For He has regarded the lowliness of His handmaiden, for behold from this time forth all generations shall call me blessed. For He Who is mighty has magnified me, and holy is His name, and His mercy is on those who fear Him throughout all generations.

He has shown strength with His arm. He has scattered the proud in the imagination of their hearts. He has put down the mighty from their seat, and has exalted the humble and meek.

He has filled the empty with good things and the rich He has sent away empty. Remembering His mercy He has helped His servant Israel as He promised to our forefathers, Abraham and his seed forever.”

If needed, the cantor sings the 9th Ode Resurrection verses for the Tone of the Week while the deacon completes censing altar, then concludes with the 9th Ode Katavasia of the Feast or Season.

Ode 9: Let every mortal born on earth, radiant with light, in spirit leap for joy; and let the hosts of the angelic powers celebrate and honor the holy feast of the Mother of God, and let them cry: Rejoice! Pure and blessed ever-Virgin, who gave birth to God.

“Holy is the Lord our God”

Exapostilaria – Eothinon 6 + Innocent + Theotokion

To reveal that You were truly man, O Savior, You stood in the midst of Your disciples after Your Resurrection, ate food before them, and taught them the baptism of repentance. Then You ascended to Your heavenly Father and promised to send the Comforter to Your disciples. O most divine God and Man, glory to Your Resurrection.

Today we the faithful gather to celebrate in joy the memory of our holy enlightener, Saint Innocent, Apostle to America, through whom the radiant light of salvation dawned on many nations that languished in darkness. O wise apostle to our land, strengthen your flock in the true faith of Christ and guard our lives in peace.

We, the faithful, bring Your all-holy Mother before You as a fitting intercessor and helper, O Christ! Grant that Your servants may share in Your glory with the inheritance of the righteous and the feasting of Paradise. Grant us the Kingdom of heaven!

The Praises: Tone 4 - Psalms 148, 150 (Znamenny)



Praise God in His sanctuary; praise Him in His mighty firmament!

Praise Him for His mighty acts; praise Him according to His excellent greatness!

Praise Him with the sound of the trumpet; praise Him with the lute and harp.

Praise Him with the timbrel and dance; praise Him with stringed instruments and flutes!

(Tone 8) – Resurrection

Though You stood before Pilate at the judgment seat, O Lord, yet You remained on Your Father's throne; You rose from the dead and freed the world from the enemy's dominion, as the compassionate Lover of all.

Praise Him with loud cymbals; praise Him with clashing cymbals! Let everything that has breath praise the Lord.

You have given us a weapon against the devil in Your Cross, O Lord; he trembles in terror and cannot endure its power, for it raises the dead and destroys death. Wherefore we venerate Your burial and Resurrection.

Arise, O my God, lift up Your hand and forget not the humble.

(Tone 4) – Innocent

The steps of a good man are ordered by the Lord.

O Saint Innocent, Apostle to America, when you appeared grace covered our land, as a flood from heaven, in answer to a truly apostolic call to a country whose people you made your own. Enduring hunger and thirst, work and toil, and facing many great dangers in the wilderness and on the seas, like the great apostle to the gentiles, you labored for the sake of the Son of the living God! Therefore, we rightly honor you and sing your praises, you through whom the Light has dawned on us!

I will praise You, O Lord, with my whole heart; I will show all Your marvelous works.

The Lord knows the way of the upright, and their inheritance shall be forever.

O Saint Innocent, Apostle to America, like John the Evangelist, the beloved apostle of Christ, whose name you bore from your mother's womb, until your birth to the monastic life, your voice thundered across the wilderness, proclaiming to the untaught peoples that the Word Who was in the beginning came in the flesh to save them and all mankind and will surely come again in judgment. Christ, the Son of the living God sent You to our land that His light might dawn upon it.

Glory to the Father and to the Son and to the Holy Spirit

(Tone 6) - Eothinon 6

O risen Christ, Who are the peace of God to men, You gave Your peace to the disciples who were terrified, supposing they had seen a spirit. Then You calmed their fears, showing them Your hands and feet. And when they still did not believe, You ate before them and explained the scriptures. Telling them that You would send the Promise and Comforter of the Father, and blessing them, You ascended to heaven. With them we worship You. O Lord, glory to You.

Now and ever, and unto ages of ages. Amen.



Great Doxology

Glory to You, Who have shown us the light. Glory to God in the highest, and on earth peace, good will among men.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

O Lord King, heavenly God, Father Almighty; O Lord, the only-begotten Son, Jesus Christ; and O Holy Spirit.

O Lord God, Lamb of God, Son of the Father, Who take away the sin of the world, have mercy on us, You Who take away the sins of the world

Receive our prayer, You Who sit at the right hand of the Father, and have mercy on us.

For You only are holy, You only are the Lord, O Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and I will praise Your name forever; yes, forever and ever.

Grant, O Lord, to keep us this day without sin.

Blessed are You, O Lord the God of our fathers, and praised and glorified is Your name forever. Amen.

Let Your mercy, O Lord, be upon us, as we have set our hope on You.

Blessed are You, O Lord; teach me Your statutes.

Blessed are You, O Lord; teach me Your statutes.

Blessed are You, O Lord; teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: “Be merciful unto me; heal my soul, for I have sinned against You.”

Lord, I have fled to You; teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

Glory to the Father and to the Son and to the Holy Spirit;

now and ever, and unto ages of ages. Amen.

Holy Immortal: have mercy on us.

Holy God, **Holy Mighty**, Holy Immortal: **have mercy on us.**

Troparion: Tone 8

Having risen from the tomb and having burst the bonds of Hades, You loosed the condemnation of death, O Lord, releasing all mankind from the snares of the enemy. Having manifested Yourself to Your Apostles, You sent them forth to proclaim You; and through them You have granted Your peace unto the civilized world, O You Who alone are abundant in mercy.

DIVINE LITURGY OF ST. JOHN CHYRSOSTOM

The Second Antiphon (Psalm 115)

O Son of God, **Who rose from the dead**, save us who sing to You: Alleluia

The Third Antiphon – The Beatitudes

The Entrance Hymn

Come, let us worship and fall down before Christ. O Son of God, Who rose from the dead save us who sing to You. Alleluia, Alleluia, Alleluia.

Resurrection Troparion: Tone 8 (Greek Chant)

You did de - scend from on high, O Mer-ci - ful One. You ac -
5 cept - ed bur-i - al for three days that You might free us
9 from our pas - sions. O Lord our Life and Res - ur - rec - tion,
13 glo - ry to You!

Troparion Innocent: Tone 2 (Alaskan-Kievan)

You e - van - ge-lized the Northern peoples of Asia and A-mer-i - ca,
pro-claim-ing the Gospel of Christ to the Na-tives in their own tongues.
O ho - ly Hier-arch Fa-ther In - no - cent, En-light - en - er
of Alaska and Apostle to A-mer - i - ca, whose steps were or-dered
by the Lord. In His heav - en - ly King - dom, pray to Christ God for
the sal - va - tion of our souls.

Glory to the Father and to the Son and to the Holy Spirit

Hymn to St. John

O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people, powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.

Now and ever and unto ages of ages. Amen.

Kontakion of the Theotokos: Tone 2 (Byzantine)

O pro - tec - tion of Chris - tians that can - not be put to shame, me - di -
a - tion un - to the Cre - a - tor most con - stant. O de -
spise not the sup - pli - ant voi - ces of those who have sinned; but be
quick, O good one, to come un - to our aid, who in faith cry un - to you:
Has - ten to in - ter - ces - sion, and speed to make sup - pli - ca - tion, you who
ev - er pro - tect, O The - o - to - kos, those who hon - or you.

Prokeimenon: Tone 8 - Psalm 76 (LXX 75)

Pray and make your vows before the Lord our God.

Verse: In Judah, God is known; His name is great in Israel.

The Epistle Reading – 2 Corinthians 6:16b – 7:1

Brethren, for you are the temple of the living God. As God has said: “I will dwell in them and walk among them. I will be their God, and they shall be My people.” Therefore “Come out from among them And be separate, says the Lord. Do not touch what is unclean, And I will receive you.” “I will be a Father to you, And you shall be My sons and daughters, Says the LORD Almighty.” Therefore, having these promises, beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.

The Alleluia before the Gospel: Tone 8 - Psalm 95 (LXX 94)

Verse: O come, let us sing to the Lord! Let us shout joyfully to the Rock of our salvation.

Verse: Let us come before His presence with thanksgiving; let us shout joyfully to Him with psalms.

The Gospel Reading – Luke 6:31-36

And just as you want men to do to you, you also do to them likewise. “But if you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive back, what credit is that to you? For even sinners lend to sinners to receive as much back. But love your enemies, do good, and lend, hoping for nothing in return; and your reward will be great, and you will be sons of the Most High. For He is kind to the unthankful and evil. Therefore be merciful, just as your Father also is merciful.

Magnification Hymn

It is truly right to bless you, O Theotokos...

The Communion Hymn - Psalm 148

Praise the Lord. Praise the Lord from the heavens. Praise Him, O praise Him in the highest. Alleluia, Alleluia, Alleluia.

The Dismissal

Troparion - Charitina: Tone 4 (Carpatho-Russian)

*Your lamb, O Jesus, St. Charitina
cries out to You with a loud voice:*

*“I love You, O my Bridegroom, and in seeking You I struggle,
And I am crucified and buried with You in Your baptism.*

I suffer for Your sake, that I may reign with You.

*I die for You that I may live with You,
but receive me as an unblemished sacrifice offered to You
with love.”*

Through her intercessions, O merciful One, save our souls.





Troparion Innocent: Tone 2 (Alaskan-Kievan)

You evangelized the Northern peoples of Asia and America, / proclaiming the Gospel to the Natives in their own tongues. / O holy Hierarch Innocent, / Enlightener of Alaska and Apostle to America, / whose steps were ordered by the Lord. / In His heavenly Kingdom, / pray to Christ God for the salvation of our souls.

Kontakion Innocent: Tone 2 (Alaskan-Kievan)

Your life is a true celebration of the providence and the grace of God,
O ho - ly Fa-ther In - no - cent, the A-pos - tle to our own land.
For laboring in dangers and hardships for the Gos - pel of Christ,
you were of-ten de - liv - ered and pre-served from harm. Being exalted in
humility, you were raised up as an example to the faith-ful ev - 'ry - where.
Pray that He may guide our steps in the way we should go.

Fall Season Troparíá

Romanos the Melodist (Oct 1)



Tone 4 (Greek Chant)



Like a God - in - spired trum - pet of heav - en - ly hymns,
you glad - dened the Church of Christ by your di - vine chants;
for you were en - light-ened and in - spired by the The-o - to - kos,
and were shown forth to the world as a god-ly mel-o-dist. There-fore,
we hon-or you with love, O right-eous Fa - ther Ro-ma - nos.



John Kochurov of Chicago (Oct 31)

Tone 1 (Obikhod)

Aflame with love for God, you gave your life as a martyr for Christ and
 neigh-bor. For this you received a crown of right-eous-ness from Him.
 O Hieromartyr John of Chi-ca - go, entreat the most mer-ci - ful God
 to pre-serve the ho - ly Church in peace and to save our souls.